

Creative Wellbeing Gallery

Welcome to our Creative Wellbeing gallery. Here you can see artwork by members of our Creative Wellbeing group, in response to prompts given by our facilitator.

If you feel that creative activity would benefit your mental health and wellbeing, and would like to find out more, take a look at our [Creative Wellbeing page](#).



'After Picasso, acquaintances seem familiar', Oil pastel on paper by Anna



'An inviting sea on a deserted beach', Watercolour on paper by Gail C



'Birthday', Collage by Rony



'Abstract Union', Watercolour pencil and ink pen on watercolour paper by Stuart Milburn



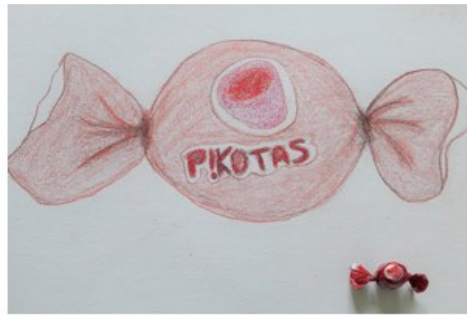
'Glass Lido', Pencil drawing and watercolour wash on watercolour paper by Stuart Milburn



'Honesty', mindful photograph by Rony



'Be Active' Watercolour paint and fine liner pen on watercolour paper by Natalie



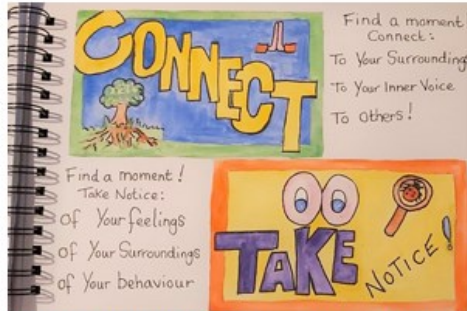
'Bitter Sweet in your Mind and Heart', Coloured pencil on paper by Esther MN



'Brolly Good Day At The Beach', Watercolour painting by Natalie Wood



'Cliffside', Collage by Fiona



'Connect & Take Notice', Watercolour paint and fine liner pen on watercolour paper by Natalie Wood



'Life, lemons and chocolate', Watercolour painting by Natalie Wood



'Inspired by Picasso' by Suzanne



'Texture', Mindful photography by Esther



'The Picnic', Watercolour and pastel by Heather



'Learn & Give', Watercolour paint and fine liner pen on watercolour paper by Natalie Wood



'Myself inspired by Miro, Charcoal and coloured pencil on paper by Esther MN.



'Picnic', Coloured pencil on paper by Joy



'Picnic', Pencil on paper by Julie.



'The Picnic' by Kat Brooks-Pugh



'There is always an escape route', Feather photo Collage by Gail C



'Trees', Acrylics and gesso on canvass by Julia Calleja



Wellbeing pages from a little journal, Various media by Anna C



Wellbeing pages from a little Journal by Kat Brooks-Pugh

Find us 

Poole Museum Service
4 High St, Poole, Dorset, BH15 1BW

Email us 

museums@bcpcouncil.gov.uk

Call us 

01202 128 888

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